

ULTIMATE MAKEOVER

Don't copy the behaviour and customs of this world but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2



If someone you knew five years ago saw you again today, what positive change would they notice?

Read Romans 12:1-2

1. From the above passage, why should we offer ourselves to God?
 - Why is it important for to understand that our surrendering to God is in response to His mercy rather than being an attempt to be accepted by Him?
 - The message distinguished between improvement and transformation, how would you explain the difference?
 - Can you have one without the other?
2. In **Luke 9:23-24** Jesus followers are called to take up their cross daily – how does this connect with Paul's description of us being a living sacrifice?
 - Why dop you thjink Paul says "sacrifice" rather than simply saying obey God?
 - What does that look like in your everyday life?
 - Why does it seem difficult to surrender sometimes?
 - What areas do we naturally seem to want to maintain control rather than surrendering? (*this may be something in your past*)

3. Romans 12:2 teaches that transformation happens through the renewing of our minds. (*also read Philipians 4:8-9*)
 - What are some of the biggest influences shaping people today?
 - What does it mean to “not conform to the pattern of this world”?
 - How can we intentionally allow God to reshape our minds instead?
 - What habits or practices can you share that have helped you keep your attention on Christ rather than being shaped by culture?

4. The message suggested that God is more interested in forming the right person than simply helping us make the right decisions – do you agree? Why or why not?
 - Why do you think many people desire to know God’s will before surrendering their own?
 - According to Romans 12:2 what comes before being able to discern God’s will?
 - How would your decision making, and life direction change if your first prayer every day became, “not my will, but Yours”?

5. According to Psalm 37:4-5 how are our desires shaped as we walk with God?
 - What desires have you seen change in your own life as you have followed God?

6. Which part of the "ultimate makeover" feels most challenging for you right now?
 - Surrendering your body (how you live)?
 - Renewing your mind (how you think)?
 - Yielding your will (the choices you make)?Why?

This week start your day praying Romans 12:1–2:

- "Lord, my life belongs to You today."
 - "Lord, renew my mind with Your truth today."
 - "Lord, not my will, but Yours today."
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