

SEEKING JESUS TOGETHER

February 2026

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A QUIET TIME TOOL FOR CATALYST

Congratulations! You have in your hands the Quiet Time Tool we have specially designed to help us be “A Loving Community Seeking, Serving and Sharing Jesus!” We know spending time in God’s Word daily is THE catalyst for equipping us to grow in faith as we “seek Jesus”. We believe Jesus has real answers for life’s real challenges!

Here's how it works:

- 1. Read the verses listed each day and take a moment to reflect on them. Write down in your own words anything that stands out—a theme, something new you noticed, etc.**
- 2. Ask, “How does this apply to me?” From the reading, write down what you think God wants you to put into action in your life. Some days it may just be a “Wow! Praise God!”**
- 3. Pray using the prayer prompt and add to it whatever is on your heart that day. You can pray before you start, after you have done the reading, or both!**
- 4. Share! It’s important to talk about what God is teaching you as you study His Word. Look for opportunities to do this in your social circles.**

There you have it—pretty simple but SO important! Don’t forget, we are praying for YOU!

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FEBRUARY 2026

Welcome to the book of Romans. This letter was written by the Apostle Paul from the city of Corinth around A.D. 57-58 to the early Jesus-followers living under Caesar's rule in Rome. It has been described as "the meatiest missionary fundraising letter ever written" by one theologian, while another calls it "the most complete exposition in the New Testament of the central truths of Christianity." Moved by a sense of urgency, Paul challenges his early readers to help take "the gospel of God" westward.

For Catalyst, the Quiet Time Tool readings in February and March will lay a foundation for our next several sermon series as Pastor Stan & team unpack these inspired underpinnings of our Christian faith. Even if you've read through Romans before, we pray you are refreshed once again by "the gospel of God" and the doctrines of grace found within this amazing book.

For a spiritual boost every M-W-F, look to Instagram for a short devotional thought from our daily readings. Like music? Be sure to check out the "Catalyst Baptist Church Weekly Highlights" playlist on Spotify for songs that go along with our sermon series.

READING PLAN

Sunday	1	February	Romans 1:1-7	<input type="checkbox"/>
Monday	2	February	Romans 1:8-15	<input type="checkbox"/>
Tuesday	3	February	Romans 1:16-23	<input type="checkbox"/>
Wednesday	4	February	Romans 1:24-32	<input type="checkbox"/>
Thursday	5	February	Romans 2:1-11	<input type="checkbox"/>
Friday	6	February	Romans 2:12-16	<input type="checkbox"/>
Saturday	7	February	Romans 2:17-29	<input type="checkbox"/>
Sunday	8	February	Romans 3:1-8	<input type="checkbox"/>
Monday	9	February	Romans 3:9-20	<input type="checkbox"/>
Tuesday	10	February	Romans 3:21-26	<input type="checkbox"/>
Wednesday	11	February	Romans 3:27-31	<input type="checkbox"/>
Thursday	12	February	Romans 4:1-8	<input type="checkbox"/>
Friday	13	February	Romans 4:9-15	<input type="checkbox"/>
Saturday	14	February	Romans 4:16-25	<input type="checkbox"/>
Sunday	15	February	Romans 5:1-5	<input type="checkbox"/>
Monday	16	February	Romans 5:6-11	<input type="checkbox"/>
Tuesday	17	February	Romans 5:12-17	<input type="checkbox"/>
Wednesday	18	February	Romans 5:18-21	<input type="checkbox"/>
Thursday	19	February	Romans 6:1-4	<input type="checkbox"/>
Friday	20	February	Romans 6:5-7	<input type="checkbox"/>
Saturday	21	February	Romans 6:8-10	<input type="checkbox"/>
Sunday	22	February	Romans 6:11-14	<input type="checkbox"/>
Monday	23	February	Romans 6:15-23	<input type="checkbox"/>
Tuesday	24	February	Romans 7:1-6	<input type="checkbox"/>
Wednesday	25	February	Romans 7:7-12	<input type="checkbox"/>
Thursday	26	February	Romans 7:13-20	<input type="checkbox"/>
Friday	27	February	Romans 7:21-25	<input type="checkbox"/>
Saturday	28	February	Romans 8:1-8	<input type="checkbox"/>

Sunday 1 February - Romans 1:1–7

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to give Catalyst HIS vision for 2026 as we trust Him more each day.

How can I apply this to my life?

Monday 2 February - Romans 1:8–15

What is the writer saying?

PRAYER

Thank the Lord for Bek, our new Family Ministries director, & a great team of volunteers.

How can I apply this to my life?

Tuesday 3 February - Romans 1:16–23

What is the writer saying?

PRAYER

Pray for our Life Groups starting back up to grow and multiply this year.

How can I apply this to my life?

Wednesday 4 February - Romans 1:24–32

What is the writer saying?

PRAYER

Ask God to make us a people of prayer as we live empowered lives for His glory.

How can I apply this to my life?

Thursday 5 February - Romans 2:1-11

What is the writer saying?

PRAYER

Pray for Karen O. as she leads the Thursday meal (EFC) crew of volunteers.

How can I apply this to my life?

Friday 6 February - Romans 2:12–16

What is the writer saying?

PRAYER

Pray for our kids & youth to live out their faith in their classrooms this year.

How can I apply this to my life?

Saturday 7 February - Romans 2:17–29

What is the writer saying?

PRAYER

Pray for a safe year as key staff & volunteers are equipped with First Aid Training today.

How can I apply this to my life?

Sunday 8 February - Romans 3:1–8

What is the writer saying?

PRAYER

Ask God to raise up additional supporters for global worker Lisa A as she connects with her team today.

How can I apply this to my life?

Monday 9 February - Romans 3:9-20

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for those struggling with
Mental Health to find hope and
healing @ Catalyst.

How can I apply this to my life?

Tuesday 10 February - Romans 3:21-26

What is the writer saying?

PRAYER

Thank God for Anne-Marie & her team of volunteers connecting families in The Hub.

How can I apply this to my life?

Wednesday 11 February - Romans 3:27-31

What is the writer saying?

PRAYER

Take some time to sit with God and listen for His still small voice today.

How can I apply this to my life?

Thursday 12 February - Romans 4:1–8

What is the writer saying?

PRAYER

Pray for the Food Relief Team to have wisdom as they encourage those who are struggling.

How can I apply this to my life?

Friday 13 February - Romans 4:9–15

What is the writer saying?

PRAYER

Pray for our relationships to be strong & resilient as they keep Jesus at the centre.

How can I apply this to my life?

Saturday 14 February - Romans 4:16–25

What is the writer saying?

PRAYER

Thank the Lord for our Host Team as they welcome everyone to Catalyst tomorrow.

How can I apply this to my life?

Sunday 15 February - Romans 5:1–5

What is the writer saying?

PRAYER

Pray for our Young Adults to challenge & inspire each other towards spiritual growth.

How can I apply this to my life?

Monday 16 February - Romans 5:6–11

What is the writer saying?

PRAYER

Pray for our Staff to rest, reflect & reconnect with each other as they go on retreat.

How can I apply this to my life?

Tuesday 17 February - Romans 5:12–17

What is the writer saying?

PRAYER

Ask the Lord to unify our pastoral team with wisdom & sensitivity to God's Spirit.

How can I apply this to my life?

Wednesday 18 February - Romans 5:18–21

What is the writer saying?

PRAYER

Pray for our Kids Min volunteers to instil a passion for following Jesus in young lives.

How can I apply this to my life?

Thursday 19 February - Romans 6:1–4

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for the mums who find connection & encouragement through MumCo each month.

How can I apply this to my life?

Friday 20 February - Romans 6:5-7

What is the writer saying?

PRAYER

Pray for our Ministry Interns as they work on studies & grow in their ministry skills.

How can I apply this to my life?

Saturday 21 February - Romans 6:8–10

What is the writer saying?

PRAYER

Thank the Lord for generous
donors of time & finance that help
Catalyst build bridges into our
local communities.

How can I apply this to my life?

PRAYER

Ask God to call the right team to visit & support Jacqui Croxon (Thailand) in June/July.

How can I apply this to my life?

Sunday 22 February - Romans 6:11-14

What is the writer saying?

Monday 23 February - Romans 6:15–23

What is the writer saying?

PRAYER

Pray for God to restore health to those who are battling serious illnesses.

How can I apply this to my life?

Tuesday 24 February - Romans 7:1–6

What is the writer saying?

PRAYER

Thank the Lord for bringing new faces into our community & providing resources for all our needs.

How can I apply this to my life?

Wednesday 25 February - Romans 7:7–12

What is the writer saying?

PRAYER

Pray for our Safe Church Team as they train volunteers to keep Catalyst a safe place for our community.

How can I apply this to my life?

Thursday 26 February - Romans 7:13–20

What is the writer saying?

PRAYER

Ask God to inspire Fatai & our Creative Ministry team as they lead worship in beautiful ways.

How can I apply this to my life?

Friday 27 February - Romans 7:21–25

What is the writer saying?

PRAYER

Ask God to open new pathways of ministry so Catalyst is known as a church who exists for our community.

How can I apply this to my life?

Saturday 28 February - Romans 8:1–8

What is the writer saying?

PRAYER

Pray for Peter & Gennie to grow more resilient as they navigate life & ministry in S Asia

How can I apply this to my life?
