



SEEKING JESUS TOGETHER

February 2026

SEEKING JESUS TOGETHER

A QUIET TIME TOOL FOR CATALYST

Congratulations! You have in your hands the Quiet Time Tool we have specially designed to help us be “A Loving Community Seeking, Serving and Sharing Jesus!” We know spending time in God’s Word daily is THE catalyst for equipping us to grow in faith as we “seek Jesus”. We believe Jesus has real answers for life’s real challenges!

Here’s how it works:

1. **Read** the verses listed each day and take a moment to reflect on them. Write down in your own words anything that stands out—a theme, something new you noticed, etc.
2. **Ask**, “How does this apply to me?” From the reading, write down what you think God wants you to put into action in your life. Some days it may just be a “Wow! Praise God!”
3. **Pray** using the prayer prompt and add to it whatever is on your heart that day. You can pray before you start, after you have done the reading, or both!
4. **Share!** It’s important to talk about what God is teaching you as you study His Word. Look for opportunities to do this in your social circles.

There you have it—pretty simple but SO important! Don’t forget, we are praying for YOU!



SEEKING JESUS TOGETHER

A QUIET TIME TOOL FOR CATALYST

FEBRUARY 2026

Welcome to the book of Romans. This letter was written by the Apostle Paul from the city of Corinth around A.D. 57-58 to the early Jesus-followers living under Caesar's rule in Rome. It has been described as "the meatiest missionary fundraising letter ever written" by one theologian, while another calls it "the most complete exposition in the New Testament of the central truths of Christianity." Moved by a sense of urgency, Paul challenges his early readers to help take "the gospel of God" westward.

For Catalyst, the Quiet Time Tool readings in February and March will lay a foundation for our next several sermon series as Pastor Stan & team unpack these inspired underpinnings of our Christian faith. Even if you've read through Romans before, we pray you are refreshed once again by "the gospel of God" and the doctrines of grace found within this amazing book.

For a spiritual boost every **M-W-F**, look to **Instagram** for a short devotional thought from our daily readings. Like music? Be sure to check out the "Catalyst Baptist Church Weekly Highlights" playlist on **Spotify** for songs that go along with our sermon series.



READING PLAN

| | | | | |
|-----------|----|----------|----------------|--------------------------|
| Sunday | 1 | February | Romans 1:1-7 | <input type="checkbox"/> |
| Monday | 2 | February | Romans 1:8-15 | <input type="checkbox"/> |
| Tuesday | 3 | February | Romans 1:16-23 | <input type="checkbox"/> |
| Wednesday | 4 | February | Romans 1:24-32 | <input type="checkbox"/> |
| Thursday | 5 | February | Romans 2:1-11 | <input type="checkbox"/> |
| Friday | 6 | February | Romans 2:12-16 | <input type="checkbox"/> |
| Saturday | 7 | February | Romans 2:17-29 | <input type="checkbox"/> |
| Sunday | 8 | February | Romans 3:1-8 | <input type="checkbox"/> |
| Monday | 9 | February | Romans 3:9-20 | <input type="checkbox"/> |
| Tuesday | 10 | February | Romans 3:21-26 | <input type="checkbox"/> |
| Wednesday | 11 | February | Romans 3:27-31 | <input type="checkbox"/> |
| Thursday | 12 | February | Romans 4:1-8 | <input type="checkbox"/> |
| Friday | 13 | February | Romans 4:9-15 | <input type="checkbox"/> |
| Saturday | 14 | February | Romans 4:16-25 | <input type="checkbox"/> |
| Sunday | 15 | February | Romans 5:1-5 | <input type="checkbox"/> |
| Monday | 16 | February | Romans 5:6-11 | <input type="checkbox"/> |
| Tuesday | 17 | February | Romans 5:12-17 | <input type="checkbox"/> |
| Wednesday | 18 | February | Romans 5:18-21 | <input type="checkbox"/> |
| Thursday | 19 | February | Romans 6:1-4 | <input type="checkbox"/> |
| Friday | 20 | February | Romans 6:5-7 | <input type="checkbox"/> |
| Saturday | 21 | February | Romans 6:8-10 | <input type="checkbox"/> |
| Sunday | 22 | February | Romans 6:11-14 | <input type="checkbox"/> |
| Monday | 23 | February | Romans 6:15-23 | <input type="checkbox"/> |
| Tuesday | 24 | February | Romans 7:1-6 | <input type="checkbox"/> |
| Wednesday | 25 | February | Romans 7:7-12 | <input type="checkbox"/> |
| Thursday | 26 | February | Romans 7:13-20 | <input type="checkbox"/> |
| Friday | 27 | February | Romans 7:21-25 | <input type="checkbox"/> |
| Saturday | 28 | February | Romans 8:1-8 | <input type="checkbox"/> |

Sunday 1 February - Romans 1:1–7

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to give Catalyst HIS vision for 2026 as we trust Him more each day.

Monday 2 February - Romans 1:8–15

What is the writer saying?

How can I apply this to my life?

PRAYER

Thank the Lord for Bek, our new Family Ministries director, & a great team of volunteers.

Tuesday 3 February - Romans 1:16–23

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Life Groups starting back up to grow and multiply this year.

Wednesday 4 February - Romans 1:24–32

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to make us a people of prayer as we live empowered lives for His glory.

Thursday 5 February - Romans 2:1–11

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for Karen O. as she leads the Thursday meal (EFC) crew of volunteers.

Friday 6 February - Romans 2:12–16

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our kids & youth to live out their faith in their classrooms this year.

Saturday 7 February - Romans 2:17–29

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for a safe year as key staff & volunteers are equipped with First Aid Training today.

Sunday 8 February - Romans 3:1-8

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to raise up additional supporters for global worker Lisa A as she connects with her team today.

Monday 9 February - Romans 3:9-20

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for those struggling with Mental Health to find hope and healing @ Catalyst.

Tuesday 10 February - Romans 3:21-26

What is the writer saying?

How can I apply this to my life?

PRAYER

Thank God for Anne-Marie & her team of volunteers connecting families in The Hub.

Wednesday 11 February - Romans 3:27-31

What is the writer saying?

How can I apply this to my life?

PRAYER

Take some time to sit with God and listen for His still small voice today.

Thursday 12 February - Romans 4:1–8

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for the Food Relief Team to have wisdom as they encourage those who are struggling.

Friday 13 February - Romans 4:9–15

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our relationships to be strong & resilient as they keep Jesus at the centre.

Saturday 14 February - Romans 4:16–25

What is the writer saying?

How can I apply this to my life?

PRAYER

Thank the Lord for our Host Team as they welcome everyone to Catalyst tomorrow.

Sunday 15 February - Romans 5:1–5

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Young Adults to challenge & inspire each other towards spiritual growth.

Monday 16 February - Romans 5:6-11

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Staff to rest, reflect & reconnect with each other as they go on retreat.

Tuesday 17 February - Romans 5:12–17

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask the Lord to unify our pastoral team with wisdom & sensitivity to God's Spirit.

Wednesday 18 February - Romans 5:18–21

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Kids Min volunteers to instil a passion for following Jesus in young lives.

Thursday 19 February - Romans 6:1–4

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for the mums who find connection & encouragement through MumCo each month.

Friday 20 February - Romans 6:5-7

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Ministry Interns as they work on studies & grow in their ministry skills.

Saturday 21 February - Romans 6:8–10

What is the writer saying?

How can I apply this to my life?

PRAYER

Thank the Lord for generous donors of time & finance that help Catalyst build bridges into our local communities.

Sunday 22 February - Romans 6:11-14

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to call the right team to visit & support Jacqui Croxon (Thailand) in June/July.

Monday 23 February - Romans 6:15–23

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for God to restore health to those who are battling serious illnesses.

Tuesday 24 February - Romans 7:1–6

What is the writer saying?

How can I apply this to my life?

PRAYER

Thank the Lord for bringing new faces into our community & providing resources for all our needs.

Wednesday 25 February - Romans 7:7–12

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for our Safe Church Team
as they train volunteers to keep
Catalyst a safe place for our
community.

Thursday 26 February - Romans 7:13–20

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to inspire Fatai & our
Creative Ministry team as they
lead worship in beautiful ways.

Friday 27 February - Romans 7:21–25

What is the writer saying?

How can I apply this to my life?

PRAYER

Ask God to open new pathways of ministry so Catalyst is known as a church who exists for our community.

Saturday 28 February - Romans 8:1–8

What is the writer saying?

How can I apply this to my life?

PRAYER

Pray for Peter & Gennie to grow more resilient as they navigate life & ministry in S Asia